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Arthur Agatston (born 1947) is an American cardiologist best known as the developer of the South Beach Diet, but also the author of many published scholarly papers in

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Arthur Agatston, MD, attended New York University School of Medicine. He did his internal medicine training at Montefiore Medical Center at the Albert Einstein

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### **Arthur agatston (author of the south beach diet)**

Arthur Agatston, M.D., is a preventive cardiologist and associate professor of medicine at the University of Miami Miller School of Medicine. In 1995, Dr. Agatston

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