

# The Great Cholesterol Con By Anthony Colpo



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Anthony Colpo is the author of Whole Grains, Empty Promises (3.61 avg rating, 51 ratings, 6 reviews, published 2014), The Great Cholesterol Con (4.36 avg

### **Anthony colpo | zoominfo.com**

Anthony Colpo is a certified Physical Conditioning specialist, Anthony is the author of The Fat Loss Bible and The Great Cholesterol Con Anthony Colpo, an

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Anthony Colpo is an independent researcher, physical conditioning specialist, and author of the groundbreaking books The Fat Loss Bible and The Great Cholesterol Con.

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I read Anthony Colpo's 'The Great Cholesterol Con' from cover to cover in about a week and I must confess I had to put it in another room a few hours per day in order

### **Book review: the great cholesterol con anthony**

The Great Cholesterol Con can help you understand how the lipid theory was formulated and gained acceptance, the flaws in interpretation of scientific studies as well

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